

Who Are We?

At Uplift Counseling Services, we believe in a holistic approach to help individuals navigate their journey in the healing and recovery process. Our vision is to deliver compassionate, meaningful, and culturally sensitive care that empowers individuals and their families to overcome barriers and significant life challenges.

We are here to help and listen. We provide:
Individual Support, Groups, Outreach & Awareness, and Consultation

Meet our behavioral health care providers on campus every Wednesday at the Health Center Building 5000 Rm 5116. Available times to be determined.

Contact us at 671-787-7978 | 671-929-4547 |
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