

# CHACHALANI



## Guam Community College PDF Newsletter

Campus Happenings ❖ President's Message ❖ Upcoming Events

### Mission Statement:

The mission of Guam Community College is to be a leader in career and technical workforce development by providing the highest quality education and job training in Micronesia.

## GCC is Best for Vets!

With Guam's rate of military service being among the highest in the nation, GCC is proud to have been selected to the Military Times Best for Vets: Career & Technical Colleges 2014 List. This distinction recognizes and rewards GCC and 37 other schools for our commitment to providing opportunities to America's veterans.

"We are honored to have made this list. The survey conducted was extensive, and although we were no match for schools with far more resources, our commitment to our veteran students came through," said President Okada. "We do what we can to help our returning veterans build a better quality of life through education and career training, and we pledge to do even more in the coming years. We are planning to organize a Veteran's Office on campus, and we are also forming a Veteran Students organization," she added.



## Sinajana Community Access Point opens Sept. 5

GCC opened its second Community Access Point in Sinajana on Sept. 5. Mayor Robert Hoffman has 21 residents lined up to participate in the program, created by the Guam Contractor's Association, the Guam Chamber of Commerce, GCC and the Mayor's Council. The Bank of Guam sponsored the program by donating 10 computers for participants' use. Other partners include GTA and Dynamic Technologies.

"This program will assist these residents in becoming 'work ready' by providing them with the tools to master the different skill levels offered on KeyTrain," explained Victor Rodgers, GCC CEWD Asst. Director. The first CAP opened in Inarajan in January 2013.



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## From the President... Dr. Mary A.Y. Okada

So many things are happening at GCC already this semester! The big news is that the College is one of only 38 schools to have been selected to the Military Times Best for Vets: Career & Technical Colleges 2014 List. This distinction recognizes and rewards us for our commitment to providing opportunities and rewards us for our commitment to providing opportunities to America's veterans. We also opened our second Community Access Point in Sinajana, so that residents in that village and surrounding villages can have access to KeyTrain, earn their NCRC, and secure better jobs. Thanks to all who attended our GCC Labor Day picnic – we had great food and an even better turnout! Thank you to the nearly two dozen employers from our Work Experience program for attending the workshop in the MPA this month. A big kudos to all who helped out at the Par Excellence Golf Tournament on Sept. 14, and to the many students, faculty, staff and administrators who helped at Coastal Cleanup, and to the student organizations that are already doing community service projects. All of this activity serves to remind us of how intricately connected GCC is to the community. Keep up the great work, and have a great semester!



Congratulations to Dr. Okada for her role as one of the founding members of the Guam Women's Chamber of Commerce, which announced its launch on October 3 at the University of Guam.

Join the over 850 people who "like" us on  facebook at [www.guamcc.edu](http://www.guamcc.edu)!

## GCC Foundation El Camino awarded Sept. 11



Rt. photo from left: Automotive Dept. chair Chris Dennis, instructor Erwin Tudela, Danny Bilong from DAR, Dr. Okada, Joseph Manto, Mike and Jovi Ady, and the GW autobody students who refurbished the El Camino hand it over to Manto on Sept. 11 in front of Bldg. 900.



Joseph Manto of Yigo drove away in a refurbished, sparkling white 1970 El Camino on Sept. 11, courtesy of the GCC Foundation and the GCC CTE Autobody class from George Washington High School. Manto paid \$35 for the winning raffle ticket announced during the GCC 35th Anniversary gala back in May of 2012. Mike and Jovi Ady, owners of M80, Inc., donated the 1970 classic El Camino "Blue Ghost" to the GCC Foundation back in August 2011 in honor of the GCC's then-upcoming anniversary celebration. Back then, the car was a dusty, rusty powder blue. Erwin Tudela, GCC Autobody instructor, agreed to have his GWHS CTE Autobody class work on the car. Because the class only meets during the school year, refurbishment took nearly two years.

"The students did a good job on this car," Tudela said. The El Camino was painted in GCC's new autobody paint booth back in June.

## From the ALO's desk... Dr. Ray Somera, VP for Academic Affairs

As we continue to develop and refine our institutional planning agenda for the next six years, your support and feedback on the **Institutional Strategic Master Plan semi-final draft** is encouraged and welcomed. As part of GCC's system of participatory governance, this request provides you with an opportunity for informed faculty and staff participation and collaboration in college affairs. Your contribution will ensure that your concerns are considered as decisions are made.

This draft attachment incorporates the extensive feedback received to-date since we began this review in December 2012, with discussions occurring in management team meetings, email communication, committee meetings, campus events, and other informal and formal college activities.

Feedback will continue to be collected through the MyGCC Group Studio Accreditation 2018 Mission and Effectiveness group or through email directly to [marlena.montague@guamcc.edu](mailto:marlena.montague@guamcc.edu) or [aier@guamcc.edu](mailto:aier@guamcc.edu) up until **December 6, 2013**. A final draft will be submitted to the Board of Trustees for their review at their January 2014 meeting. Thank you for your continued support, dedication and involvement in participatory governance. [http://www.guamcc.edu/Runtime/uploads/Files/01\\_President/PresidentsOffice/Institutional\\_Strategic\\_Master\\_Plan\\_2014-2020\\_October14\\_2013.pdf](http://www.guamcc.edu/Runtime/uploads/Files/01_President/PresidentsOffice/Institutional_Strategic_Master_Plan_2014-2020_October14_2013.pdf)



## Message from the Faculty Senate...

Colleagues,

Thank you for the great turnout at our first Faculty Gathering in the MPA on Friday, September 27th! Your presence confirmed my sense that we, as faculty, are eager to seek ways to strengthen our ranks, develop as professionals, and make our campus the best learning environment for our students. As we wind our way through this semester and into the spring, I'd like to share a thought (paraphased) that I recently heard while watching a program on TV. It goes something like this: "When we remove the blinders of ego from our eyes, there is no limit to what we can see and achieve!"

Robin Roberson, Faculty Senate President

## Belanger reconfirmed to BOT

It was smooth sailing for GCC Board of Trustees chair Deborah Belanger during her public hearing for reconfirmation to the BOT on Sept. 6. Acting president Carmen Santos and fellow BOT member Richard Sablan were on hand to support Belanger. Speaker Judi Won Pat's Education Committee voted unanimously to reconfirm Belanger on Sept. 16. Won Pat's committee also voted to confirm new BOT member John Benito on Aug. 3.



## GCC featured in *Leadership* online magazine!

GCC is featured in the autumn edition of The Chair Academy's *Leadership*, the online journal for postsecondary leaders. The magazine features "articles from our international contingents in the Netherlands, Guam, Canada, and Australia, as well as relevant, thought provoking management and leadership articles which represent best practices in higher education." Check us out:

<http://www.chairacademy.com/journals/19-2/journal19-2.html>



## COPSA inducts student orgs

The GCC Council on Postsecondary Student Affairs inducted the officers of the College's 19 student organizations on Sept. 6. Officers and members then attended a leadership training workshop in the MPA.



## Ed. ITERs/DPHSS contract

As part of its Public Health contract, the Education Department provided training on "Breaking Down the ITERs" to daycare providers on September 7 at the MPA. Training focused on ways to raise an ITERs score on the different subscales of this Infant and Toddler Environmental Rating Scale. **The contract was extended for another year at an additional amount of \$577,500, for a total contract worth \$1.1M.** The contract provides activities that improve the quality of caregiving for our island's young children.



## ASL Flash mob!

Students in GCC's American Sign Language course attracted some attention with their flash mob at the Guam International Film Festival at the Agana Shopping Center on Sept. 27.



## Japanese class activities

Admissions Counselor Nathan Crowne poses with Beginning Japanese II students after his talk on cultural experiences living in Japan and about student life at Temple University-Japan Campus on Sept. 17. Also, on Sept. 10, visiting guest Michie Yasuoka taught Japanese language students the "Yosakoi" dance, a dance originating in Kochi, Japan. The dance will be performed at the annual Japanese Autumn Festival at Ipao Park on November 30.

## GCC hosts Pacific Challenge

Chefs from Guam, Fiji, New Zealand, Australia and the Cook Islands, and junior chefs from the GCC Culinary Arts program whipped up culinary works of art during the World Association of Chef's Societies (WACS) Pacific Challenge in the GCC kitchen Sept. 18-20. GCC co-hosted the event with the Micronesian Chefs Association. Australian Chef Neil Abrahams emerged as the overall champion, with help from his sous chef, GCC student Regine Olarte. The Guam team of Chef Peter Duenas and sous chef Kennylyn Miranda (a Culinary graduate) won the canapé competition. GCC Culinary Arts graduate Delmer Gubatan won the Junior Chefs competition, and Eddie Chien of Delmonicos won the local professional chef's competition, with GCC's new Culinary Arts instructor Carlos Laguana taking second place.



"It was an honor to host these chefs from other parts of the Pacific," said Chef Duenas, MCA president. "I think everyone who participated learned a lot, from the various types of competitions to working under pressure."



## Cosmetology students gain experience assisting Duty Free

Cosmetology students created simple hairstyles for models during an event at Duty Free in Tumon Sept. 26-27. "We wanted to highlight our local cosmetology students and have them create hair art for a weekend of our event," said Nia Deen Lim of TBG Beauty.



## Accounting students assist Guam Girl Scouts

Pilar Pangelinan's AC211 Principles of Accounting I classes (23 students in all) helped the Guam Girl Scouts with their Annual Physical Inventory count on Sept. 27-28. This is the 8th year that GCC Accounting students have assisted the Guam Girl Scouts with their inventory.

"Overall, this fun experience gave me insight on the inventory part of accounting and that it may be useful to me if I were to be a part of a business, whether it would be as an accountant, manager, or just a regular sales associate. The greatest reward from participating in this event was linking personal strengths and interests," said Cristina Espiritu, GCC Accounting student.

"I want to thank you and your students for the great job they did with the inventory at Guam Girl Scouts last Friday and Saturday (Sept. 27 & 28). They worked cooperatively, were courteous and very willing to do whatever it took to get the job done!" wrote Nancy Jones, Director of Membership Services, Guam Girl Scouts, to Pangelinan.

## Work Experience Workshop honors employers



GCC hosted a Work Experience workshop and luncheon for employer partners of its CTE Work Experience Program on Sept. 27 in the MPA. Over two dozen companies sent representatives to the workshop, which was also attended by Guam Department of Education officials, GCC faculty and administrators, and students in the George Washington High School CTE programs at GCC. Two members of the Legislature attended as well. Last summer, 190 high school students participated in the work experience program, working at 40 private sector companies and four GovGuam agencies.

## SSHS LMP students study food safety; WorkKeys

SSHS LMP Sophomores presented their poster boards on food safety at the Micronesia mall on Sept. 28, during the Guam Food Safety Education Month event. L-R: Jana Sulio, Hazel Ochivallo, Ian Valencia, Kevin Galendez, Dianne Angeles, Harry Galutira, Shekah Pere, and Ron Cipriano. Also at SSHS, Chong's LMP II students learned about the advantages of the WorkKeys KeyTrain program from CEWD's Chelsa Muna-Brecht on Sept. 3. Chong's goal is for his seniors to take their WorkKeys assessment at the end of this semester!



## Ecowarriors, PTK, GCC students volunteer at Coastal Cleanup

The GCC Ecowarriors, led by advisor and Asst. Professor Joni Kerr, and Phi Theta Kappa, led by Pilar Pangelinan and Eric Chong, were out en force at the Coastal Cleanup on September 28. PTK was in charge of cleaning up Pago Bay, and some of the Ecowarriors donned scuba gear to clean up under water! Thanks for taking the GCC "LEED" with regard to our beautiful island environment!

The Ecowarriors also recycled at the GovGuam Labor Day Picnic on Sept. 1.



## Project AIM workshops

Project AIM September workshops to help students succeed included Writing Success Mechanics on the 13th, Math XL Wonders on the 20th, and EBSCO E-Books on the 27th. In all, 59 students attended the workshops.

## PN students assist at medical symposium

GCC LPN nursing students volunteered at the 6th Medical Symposium hosted by Guam Medical Society on Sept. 13-15 at the Sheraton, gaining exposure to educational opportunities and interesting symposium topics.



### GCC Employees celebrate Labor Day at the GovGuam Labor Day Picnic on Sept. 1



### GCC Foundation Par Excellence Golf Tournament at the LeoPalace Resort on Sept. 14



## Public safety grant writing workshop



GCC conducted a Public Safety/First Responder/Law Enforcement Grant Writing Workshop on Sept. 30-Oct. 1. The training, facilitated by Kurt Bradley of First Responder Grants out of Charlotte, N.C., focused on imparting the information needed to successfully acquire and properly manage grant programs specific to those career fields.

## Beware of Monster drinks!

By Emma Roque Bataclan, RN, GCC Health Services Center

### Pros and Cons of Drinking Monster Energy Drinks

During the cross-enrolled GWHS orientation, some students asked about Monster energy drinks. This information is important for everyone to know. Energy Drinks are a \$3.5 billion dollar industry in the U.S.A. In today's fast-paced society, many are using energy drinks just to keep up with their everyday demands. The Monster energy drink is a type of energy drink that was created in 2002.

The pros of energy drinks are increased performance and energy. The cons include insomnia, problems concerning blood pressure, heart rate and heart palpitations. Monster energy drinks can have dangerous side effects if combined with alcohol.

### Components of energy drinks:

**Caffeine** – energy drinks contain more caffeine than a cup of coffee. Due to this, our body does not have time to process it properly. As a result, you will likely experience insomnia, nervousness, irritability, and an increase in heart rate and blood pressure. For these reasons, those who have heart problems must not consume energy drinks at all. Aside from this, caffeine is a DIURETIC, a substance which causes urination that could lead to water loss and dehydration.

**Sugar** – energy drinks also contain high amounts of sugar that boosts your energy, but will ultimately lead to an energy crash. Extra calories from the sugar can lead to weight gain.

**Warning:** Again, you must NOT mix energy drinks with alcohol. Alcohol is a depressant, while energy drinks are stimulants—a very unhealthy and dangerous combination! (~Kristeen Cherney, e How Contributor)

**Prevention & Solution:** If you are drinking energy drinks regularly, you must find a more healthful long-term solution to boost your energy: Eat well, exercise, and get regular sleep in order to gain more lasting energy! (~Mayo Clinic)

## Malago' i Kulehon Kumunidåt Guahån Mandiseha gi i Empleao siha un Minagof na Kompli' años!

Septembri/Lumamlam 2013

Guam Community College would like to wish the following Employees a Happy Birthday!

September 2013

**Cathy Anderson**

**Kim Bautista**

**Joanne Blas**

**Steve Cheipot**

**Vera De Oro**

**Gene Dydasco**

**Carol Guerrero**

**Bertha Leon Guerrero**

**Joey Munoz**

**Nenita Perez**

**Jaclyn Quan**

**Joe Quichocho**

**Priscilla Johns**

**Tanya-Marie Santos**

**James Tabunar**

**Carol Torres**

**John Zilian**

## Mark your Calendars!

**Oct. 17 - COPSA Fall Festival 4-8 pm, Student Center**

**Oct. 26 - Leadership Dinner**

**GCCEA Halloween Bash at The Garage, Fountain Plaza, Tumon, 6-10 PM**

**Oct. 31 - GCC Halloween!**

**Nov. 21 - Guam Tropical Energy Code Conference, MPA**

**Nov. 22 - GCC Thanksgiving Luncheon**

**Dec. 6 - GCC Christmas Party, Westin Resort**

# Sinangan Siha para Septebri/Lumamlam

September 2013 Chamorro Phrases



Åhe' ti bai bokka na'talo'ani på'go.

No, I'm not eating lunch today.

Håfa i fechan mafañagu-mu?

What is your date of birth?

Tuge' pàpa' i fechan mafañagu-mu.

Write down your date of birth.

Fihu macho'cho' gi i computer i estudiante siha.

The students work continuously on the computer.

Fa'nå'gue yu' håfa taimanu bai hu oppe i tilifon.

Teach me how to answer the telephone.